

Monday
Tuesday
Wednesday
Thursday
Friday

 HAPPY
 THANKSGIVING

 Grilled Cheese
 Tater Tots
 Veggie Tray
 Diced Peaches
 Milk

7
Jocie's Lunch Pick

 Veggie Nachos with Cheese
 Salsa
 Peas
 Corn
 Lettuce and Tomato
 Diced Peaches
 Milk

14

 Veggie Tacos with Salsa
 Lettuce and Tomatoes
 Peas
 Corn
 Fruit Cocktail
 Milk

21
BREAK
28

 Veggie Nuggets
 French Fries
 Broccoli
 Applesauce
 Milk

1

 Veggie Nugget Sub
 Corn
 Romaine Salad
 Applesauce
 Milk

8

 Veggie Nuggets
 French Fries
 Carrots
 Mandarin Oranges
 Milk

15

 Spaghetti w/ Veggie Meat
 Broccoli
 Romaine Salad
 Diced Peas
 Milk

22
29

 Cheese Sandwich
 Lettuce and Tomato
 Carrots
 Chips
 Pineapple Tidbits
 Milk

2
Grayce's Lunch Pick

 Veggie Patty on Bun
 Baked Beans
 Carrots and Celery
 Diced Peas
 Milk

9

 Cheese Ravioli with Sauce
 Green Beans
 Romaine Salad
 Breadstick
 Applesauce
 Milk

16

 Veggie Burger on Bun
 French Fries
 Lettuce and Tomato
 Diced Peaches
 Milk

23
30

 Veggie Walking Tacos
 Salsa
 Lettuce and Tomato
 Mixed Veggies
 Mandarin Oranges
 Milk

 Veggie Walking Tacos
 Salsa
 Lettuce and Tomato
 Mixed Veggies
 Mandarin Oranges
 Milk

3

 Veggie Nuggets with Roll
 Mashed Potatoes
 Mixed Veggies
 Mandarin Oranges
 Milk

10

 Veggie Nuggets
 Tater Tots
 Broccoli
 Diced Peas
 Milk

17
HAPPY
24

 Pizza
 Green Beans
 Romaine Salad
 Fruit Cocktail
 Milk

4

 Cheese Stick
 w/ Marinara Sauce
 Green Beans
 Carrots
 Fruit Cocktail
 Milk

11
Elliot's Lunch Pick

 Pizza
 Mixed Veggies
 Romaine Salad
 Fruit Cocktail
 Milk

18
THANKSGIVING
25

 GIVE
 THANKS

Build a delicious lunch:

Start with 1-2 fruits and/or 1-2 vegetables

 Include an entrée of meat, whole grains, and a choice of milk
 Your meal must include ½ cup vegetable and/or ½ cup of fruit
 and 2 other components

 Choice of Milk:
 Fat Free Chocolate
 1% White

 Menu is subject to change.
 We are an equal opportunity
 provider and employer.