

Monday

Tuesday

Wednesday

Thursday

Friday

3
Veggie Patty on Bun
Cheese
Lettuce and Tomato
French Fries
Peaches
Milk

4
Spaghetti
w/ Veggie Meat Sauce
Cooked Broccoli
Romaine Side Salad
Fruit Cocktail
Milk

5
Veggie Meat & Cheese Taco
Lettuce and Tomato
Salsa
Peas
Corn
Diced Peas
Milk

6
Bake Macaroni & Cheese
Green Beans
Baby Carrots
Fruit Cocktail
Milk

7
Grilled Cheese
Sandwich
Tomato Soup
Carrots w/ Dip
Tangerines
Milk

10
Veggie Nuggets
Cooked Broccoli
French Fries
Applesauce
Milk

11
Cheese Sandwich
Baby Carrots
Lettuce and Tomato
Chips
Pineapple Chunks
Milk

12
Veggie Walking Taco
Lettuce & Tomato
Mixed Vegetables
Salsa
Tangerines
Milk

13
Veggie Patty
Sandwich
Baked Beans
Smiley Fries
Diced Peas
Milk

14
Pizza
Green Beans
Romaine Salad
Fruit Cocktail
Milk

17
Grilled Cheese
Sandwich
Tater Tots
Carrots w/ Dip
Diced Peaches
Milk

18
Veggie Nugget Sandwich
Corn
Romaine Salad
Fruit Cocktail
Milk

19
Veggie Patty on Bun
Baked Beans
Carrots and Celery
Diced Peas
Milk

20
Veggie Patty w/ Roll
Mashed Potatoes
Mixed Vegetables
Tangerines
Milk

21
Cheese Sticks
Marinara Sauce
Green Beans
Baby Carrots
Applesauce
Milk

24
Nachos w/ Cheese
and Veggie Meat
Peas
Lettuce, Tomato, and Corn
Salsa
Diced Peaches
Milk

25
Veggie Nuggets
Baby Carrots
French Fries
Tangerines
Milk

26
Cheese Ravioli
w/ Sauce
Green Beans
Romaine Salad
Applesauce
Milk

27
Veggie Nuggets w/ Roll
Fresh Broccoli
Tater Tots
Fruit Cocktail
Milk

28
Pizza
Mixed Vegetables
Romaine Salad
Diced Peas
Milk

31
Veggie Patty on Bun
Cheese
Lettuce and Tomato
French Fries
Peaches
Milk

Choice of Milk:
Fat Free Chocolate
1% White

Build a delicious lunch:
Start with 1-2 fruits and/or 1-2 vegetables
Include an entrée of meat, whole grains, and a choice of milk
Your meal must include ½ cup vegetable and/or ½ cup of fruit
and 2 other components

Menu is subject to change.
We are an equal opportunity
provider and employer.