

Monday

Tuesday

Wednesday

Thursday

Friday

3
Cereal and Fruit Bar/Pop-Tart
Diced Peaches
Orange or Apple Juice
Milk

4
Blueberry Muffin
Applesauce
Orange or Apple Juice
Milk

5
Egg and Cheese Muffin
Mandarin Oranges
Orange or Apple Juice
Milk

6
Cereal and Fruit Bar/Pop-Tart
Applesauce
Orange or Apple Juice
Milk

7
Pancakes w/ Sausage
Bananas
Orange or Apple Juice
Milk

10
Cereal with
Pop-Tart/Yogurt
Pineapple Tidbits
Orange or Apple Juice
Milk

11
Cinnamon Roll
Applesauce
Orange or Apple Juice
Milk

12
Pancakes w/ Sausage
Oranges
Orange or Apple Juice
Milk

13
Cereal w/
Pop-Tart/Sting Cheese
Mandarin Oranges
Orange or Apple Juice
Milk

14
French Toast Sticks w/ Syrup
Peaches
Orange or Apple Juice
Milk

17
Cereal and Fruit Bar/Pop-Tart
Diced Peaches
Orange or Apple Juice
Milk

18
Blueberry Muffin
Applesauce
Orange or Apple Juice
Milk

19
Pancakes w/ Sausage
Bananas
Orange or Apple Juice
Milk

20
Egg and Cheese Muffin
Mandarin Oranges
Orange or Apple Juice
Milk

21
Cereal and Fruit Bar/Pop-Tart
Applesauce
Orange or Apple Juice
Milk

24
Cereal with
Pop-Tart/Yogurt
Pineapple Tidbits
Orange or Apple Juice
Milk

25
Cinnamon Roll
Applesauce
Orange or Apple Juice
Milk

26
Pancakes w/ Sausage
Oranges
Orange or Apple Juice
Milk

27
Cereal w/
Pop-Tart/Sting Cheese
Mandarin Oranges
Orange or Apple Juice
Milk

28
French Toast Sticks w/ Syrup
Peaches
Orange or Apple Juice
Milk

31
Cereal and Fruit Bar/Pop-Tart
Diced Peaches
Orange or Apple Juice
Milk

Choice of Milk:
Fat Free Chocolate
1% White

Build a better breakfast:
Start with 1-2 fruits
Include 1-2 grains
Your meal must include a fruit and 2 components

Menu is subject to change.
We are an equal opportunity
provider and employer.