

Monday	Tuesday	Wednesday	Thursday	Friday
2 Break	3 Meatball Sandwich Corn Romaine Salad Applesauce Milk	4 Hot Dog on Bun Baked Beans Carrots and Celery Diced Pears Milk	5 Chicken Tenders w/ Roll Mashed Potatoes Mixed Vegetables Mandarin Oranges Milk	6 Cheese Sticks w/ Marinara Sauce Green Beans Carrots Fruit Cocktail Milk
9 Nachos w/ Chicken & Cheese Salsa Peas Corn Diced Peaches Milk	10 Chicken Tenders w/ Roll French Fries Carrots Mandarin Oranges Milk	11 Cheese Ravioli w/ Sauce Green Beans Romaine Salad Breadstick Applesauce Milk	12 Fish Nuggets Tater Tots Broccoli Diced Pears Milk	13 Pizza Mixed Vegetables Romaine Salad Fruit Cocktail Milk
16 MLK Jr. Day No School	17 Spaghetti w/ Meat Sauce Romaine Salad Green Beans Fruit Cocktail Milk Aria's Lunch Pick	18 Chicken and Cheese Tacos Salsa Lettuce and Tomato Peas and Corn Mandarin Oranges Milk	19 Baked Macaroni and Cheese Roll Broccoli Carrots Mandarin Oranges Milk	20 Grilled Cheese Sandwich Tomato Soup Carrots with Dip Fruit Cocktail Milk
23 Chicken Tenders with Roll French Fries Broccoli Applesauce Milk	24 Turkey and Cheese Sandwich Lettuce and Tomato Carrots Chips Pineapple Tidbits Milk	25 Walking Tacos Salsa Lettuce and Tomato Mixed Vegetables Mandarin Oranges Milk	26 Chicken Patty Sandwich Smiley Fries Baked Beans Diced Pears Milk	27 Pizza Green Beans Romaine Salad Fruit Cocktail Milk
30 Grilled Ham and Cheese Sandwich Tater Tots Veggie Tray Diced Peaches Milk	31 Meatball Sandwich Corn Romaine salad Applesauce Milk			

Choice of Milk:
 Fat Free Chocolate
 1% White

Build a delicious lunch:
 Start with 1-2 fruits and/or 1-2 vegetables
 Include an entrée of meat, whole grains, and a choice of milk
 Your meal must include ½ cup vegetable and/or ½ cup of fruit
 and 2 other components

Menu is subject to change.
 We are an equal opportunity
 provider and employer.