

## **DECEMBER 2022**

Sacred Heart School

Meal Prices: Paid \$2.75 Reduced \$0.40



Choice of Milk: Fat Free Chocolate 1% White Build a delicious lunch:
Start with 1-2 fruits and/or 1-2 vegetables
Include an entrée of meat, whole grains, and a choice of milk
Your meal must include ½ cup vegetable and/or ½ cup of fruit
and 2 other components

Menu is subject to change. We are an equal opportunity provider and employer.