LUNCH

DECEMBER 2022

Sacred Heart School

Meal Prices: Paid \$2.75 Reduced \$0.40

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Monday 🔰	Tuesday	Wednesday	Thursday	Friday
		ber Jesus is the for the season!	Chicken Patty on Bun Smiley Fries Baked Beans Diced Pears Milk	Pizza Green Beans Romaine Salad Fruit Cocktail Milk
5 Grilled Ham &Cheese Sandwich Tater Tots Veggie Tray Diced Peaches Milk	Meatball Sandwich Corn Romaine Salad Applesauce Milk	7 Hot Dog on a Bun Baked Beans Carrots and Celery Diced Pears Milk	A Chicken Tenders and Roll Mashed Potatoes Mixed Vegetables Pineapple Tidbits Milk	9 Cheese stick w/ marinara sauce Green beans Carrots Fruit cocktail Milk
Nachos w/ Chicken & Cheese Salsa Peas Corn Lettuce and Tomato Diced Peaches Milk	Chicken Tenders French Fries Carrots Mandarin Oranges Milk	14 Cheese Ravioli w/ Sauce Green Beans Romaine Salad Breadstick Applesauce Milk	Tish Nuggets Tater Tots Broccoli Diced Pears Milk	Pizza Mixed Veggies Romaine Salad Fruit Cocktail Milk
Grilled Cheese Tomato Soup Carrots /w Dip Mandarin Oranges Milk	20 Spaghetti w/ Meat Sauce Broccoli Romaine Salad Diced Peaches Milk	Chicken and Cheese Tacos Salsa Lettuce and Tomato Peas Corn Mandarin Oranges Milk	22 Hamburger on Bun French Fries Lettuce and Tomato Fruit Cocktail Milk	23 Break
26 Merry	27 Christmas	28 and	29 Happy	30 New Year!!!!
Choice of Milk: Fat Free Chocolate 1% White	Build a delicious lunch: Start with 1-2 fruits and/or 1-2 vegetables Include an entrée of meat, whole grains, and a choice of milk Your meal must include ½ cup vegetable and/or ½ cup of fruit and 2 other components			Menu is subject to change. We are an equal opportunity provider and employer.