

JANUARY 2023

Sacred Heart School

Breakfast is free please enjoy a delicious breakfast with us!

		•			
•	Monday	Tuesday	Wednesday	Thursday	Friday
· 么言	Break	Blueberry Muffin Applesauce Orange or Apple Juice Milk	Pancakes w/ Sausage Syrup Bananas Orange or Apple Juice Milk	Egg and Cheese on English Muffin Mandarin Oranges Orange or Apple Juice Milk	Cereal and Pop-Tart/Nutrigrain Bar Applesauce Orange or Apple Juice Milk
	Cereal and Pop-Tart/Yogurt Pineapple Tidbits Orange or Apple Juice Milk	Cinnamon Roll Applesauce Orange or Apple Juice Milk	Pancakes w/ Sausage Oranges Orange or Apple Juice Milk	Cereal and Pop-Tart/String Cheese Bananas Orange or Apple Juice Milk	French Toast Sticks w/ Syrup Diced Peaches Orange or Apple Juice Milk
•	MLK Jr. Day No School	Blueberry Muffin Applesauce Orange or Apple Juice Milk	Pancakes w/ Sausage Syrup Bananas Orange or Apple Juice Milk	Egg and Cheese on English Muffin Mandarin Oranges Orange or Apple Juice Milk	Cereal and Pop-Tart/Nutrigrain Bar Applesauce Orange or Apple Juice Milk
•	Cereal and Pop-Tart/Yogurt Pineapple tidbits Orange or Apple Juice Milk	Cinnamon Roll Applesauce Orange or Apple Juice Milk	Pancakes with Syrup Sausage Oranges Orange or Apple Juice Milk Aria's Breakfast Pick	Cereal and Pop-Tart/String Cheese Bananas Orange or Apple Juice Milk	French Toast Sticks w/ Syrup Diced Peaches Orange or Apple Juice Milk
2	Cereal and Pop-Tart/Nutrigrain Bar Diced Peaches Orange or Apple Juice Milk	Blueberry Muffin Applesauce Orange or Apple Juice Milk	*:		