



# MAY 2023

## Sacred Heart School

Meal prices:  
Paid: \$2.75  
Reduced: \$0.40

### Monday

Fish Nuggets **1**  
Tater Tots  
Broccoli  
Pineapple Tidbits  
Milk

Cheeseburger or Hamburger **8**  
French Fries  
Lettuce and Tomato  
Diced Peaches  
Milk

Meatball Sandwich **15**  
Corn  
Romaine Salad  
Applesauce  
Milk  
**MEATBALL MONDAY!**

Walking Tacos with Salsa **22**  
Lettuce and Tomato  
Mixed Veggies  
Mandarin Oranges  
Milk  
**Juliet's Lunch Pick**

**NO SCHOOL** **29**  
**Happy Memorial Day!**

### Tuesday

Nachos w/ Chicken & Cheese **2**  
Salsa  
Peas and Corn  
Lettuce and Tomato  
Diced Peaches  
Milk

Chicken and Cheese Tacos **9**  
Salsa, Lettuce, and Tomato  
Corn and Peas  
Mandarin oranges  
Milk  
Taco Tuesday!

Cheese Sticks with Marinara **16**  
Green Beans  
Fresh Carrots w/ Dip  
Diced Peaches  
Milk

Pizza **23**  
Green Beans  
Romaine Salad  
Applesauce  
Milk

Chicken Nuggets **30**  
Roll  
French Fries  
Carrots and Dip  
Mandarin Oranges  
Milk

### Wednesday

Chicken Nuggets **3**  
Roll  
French Fries  
Carrots w/ Dip  
Mandarin Oranges  
Milk

Spaghetti with Meat Sauce **10**  
Broccoli  
Romaine Salad  
Breadstick  
Applesauce  
Milk

Cheese Ravioli **17**  
Breadstick  
Green Beans  
Romaine Salad  
Diced Pears  
Milk

Chicken Patty Sandwich **24**  
Smiley Fries  
Baked Beans  
Diced Pears  
Milk

Cheese Ravioli w/ Sauce **31**  
Breadstick  
Green Beans  
Romaine Salad  
Diced Pears  
Milk

### Thursday

Hot Dog on Bun **4**  
Baked Beans  
Carrots and Celery  
Diced Pears  
Milk

Baked Mac and Cheese **11**  
Roll  
Green Beans  
Fresh Carrots w/ dip  
Mandarin Oranges  
Milk

Chicken nuggets **18**  
Roll  
Mashed Potatoes  
Mixed Vegetables  
Mandarin Oranges  
Milk

Chicken Nuggets **25**  
Roll  
French Fries  
Broccoli  
Fruit Cocktail  
Milk

### Friday

Pizza **5**  
Mixed Veggies  
Romaine Salad  
Fruit Cocktail  
Milk

Grilled Cheese Sandwich **12**  
Tomato Soup  
Fresh Carrots and Dip  
Fruit Cocktail  
Milk

Grilled Ham and Cheese **19**  
Tater Tots  
Fresh Veggies  
Fruit Cocktail  
Milk

Turkey and Cheese Sandwich **26**  
Lettuce and Tomato  
Carrots and Dip  
Chips  
Applesauce  
Milk

Choice of Milk:  
Fat Free Chocolate  
1% White

Build a better breakfast:  
Start with 1-2 fruits  
Include 1-2 grains  
Your meal must include a fruit and 2 components

Menu is subject to change.  
We are an equal opportunity  
provider and employer.