



# APRIL 2023

## Sacred Heart School

Meal prices:  
Paid: \$2.75  
Reduced \$0.40

### Monday

Nachos w/ Chicken & Cheese Salsa  
Peas and Corn  
Lettuce and Tomato  
Diced Peaches  
Milk

### Tuesday

Chicken Tenders w/ Roll  
French Fries  
Cooked Carrots  
Raw Carrots  
Mandarin Oranges  
Milk

### Wednesday

Cheese Ravioli w/ Sauce  
Green Beans  
Romaine Salad  
Breadstick  
Diced Pears  
Milk

### Thursday

Fish Nuggets  
Tater Tots  
Fresh Broccoli  
Fruit Cocktail  
Milk

### Friday

Happy

Easter!

Chicken Nuggets with Roll  
French Fries  
Broccoli  
Applesauce  
Milk

Turkey and Cheese Sandwich  
Lettuce and Tomato  
Carrots  
Chips  
Pineapple Tidbits  
Milk

Walking Tacos  
Salsa  
Lettuce and Tomato  
Mixed Vegetables  
Mandarin Oranges  
Milk

Chicken Patty on Bun  
Smiley Fries  
Baked Beans  
Diced Pears  
Milk  
**Nikos' Lunch Pick**

Pizza  
Green Beans  
Side Salad  
Fruit Cocktail  
Milk

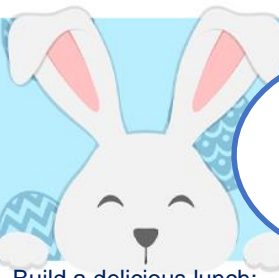
Grilled Ham and Cheese Sandwich  
Tater Tots  
Veggie Tray  
Diced Peaches  
Milk

Hot Dog on Bun  
Baked Beans  
Carrots and Celery  
Diced Pears  
Milk

Meatball Sandwich  
Corn  
Romaine Salad  
Applesauce  
Milk

Chicken Nuggets w/ Roll  
Mashed Potatoes  
Mixed Vegetables  
Mandarin Oranges  
Milk

Cheese Sticks w/ Marinara Sauce  
Green Beans  
Carrots  
Fruit Cocktail  
Milk



The Lord has risen! He has risen indeed!

Build a delicious lunch:

Start with 1-2 fruits and/or 1-2 vegetables

Include an entrée of meat, whole grains, and a choice of milk  
Your meal must include ½ cup vegetable and/or ½ cup of fruit and 2 other components

Choice of Milk:  
Fat Free Chocolate  
1% White

Menu is subject to change.  
We are an equal opportunity provider and employer.