

Sacred Heart School

Lunch Menu

Meal prices: Paid: \$2.85 Reduced Free Milk \$0.50

Build a delicious lunch: Start with 1-2 fruits and/or 1-2 vegetables Include an entrée of meat. whole grains, and a choice of milk Your meal must include ½ cup vegetable and/or ½ cup of fruit and 2 other components

> Choice of Milk: Fat Free Chocolate 1% White

What is a snowman's favorite cake?

A: The one with the thick icing

FRIDA

Welcome

Back!

Meatball Subs Corn **Romaine Salad Mandarin Oranges** Milk

Chicken Nuggets French Fries Mini Trees (Broccoli) Peaches Peaches Milk

Cheesy Sticks Marinara Sauce Carrots Swimming with the Ranch Fruity Mix Milk

Chickey Nuggies Dinner Roll **Smashed Potatoes** Mixed Veggies **Peaches Peaches** Milk

BBQ Pork Riding a Roll **Baked Beans** French Fries **Pears** Milk

Grilled Turkey and Cheese **Potato Chippers** Carrots your Way! (Cooked or Raw) Pineapple Chunks Milk

Walking Taco Thursday! Salsa Dancing **Lettuce and Tomato Refried Beans** Peas Please **Mandarin Oranges** Milk

PIZZA PIZZA Mixed Veggies Fresh Salad Fruit Surprise Milk

MLK Day No School

Burger Having a Roll French Fries Lettuce and Tomato **Peaches Peaches** Milk

Wacky Spaghetti Wednesday Meatballs Peas Fresh Garden Salad Applesauce with or without Cinnamon

18

Mac and Cheese Carrots Your Way! (Cooked and Raw) **Mandarin Oranges** Milk

12

Creamy Tomato Soup Grilled Cheese Carrots Fruit Salad Milk

22

Fishv Sticks **Tater Tots** Fresh Broccoli **Pears** Milk Addy's Lunch Pick 23

Salad Bar Tuesday! **Turkey Special Peaches** Milk

24

Cheese Ravioli Green Sticks (Beans) Salad from the Garden Applesauce your way Milk

Milk

25

Oven Fried Chicken French Fries Carrots with Dip Pineapple Chunks Milk

26

PIZZA PIZZA Green Sticks (Beans) Fresh Salad Fruit Surprise Milk

Hot Dog On a Bun **Baked Beans** Carrots and Celery **Pears** Milk

Build Your Own Sandwich Day! **Lettuce Tomato** Carrots Chips Cookie Milk

31

Meatball Subs Corn off the Cob Salad from the Garden **Peaches** Milk

29

