

## Sacred Heart

School

Lunch Menu

Meal prices:
Paid: \$2.85
Reduced Free Milk \$0.50

Build a delicious lunch: Start with 1-2 fruits and/or 1-2 vegetables
Include an entrée of meat, whole grains,
and a choice of milk
Your meal must include $1 / 2$ cup vegetable and/or $1 / 2$ cup of fruit and 2 other components

Choice of Milk:
Fat Free Chocolate 1\% White

What is a snowman's favorite cake?

A: The one with the thick icing

TUESDAY
MONDAY

2
Welcome

9 Dinner Roll Smashed Potatoes Mixed Veggies Peaches Peaches Milk

## MLK Day No School



4
Meatball Subs Corn
Romaine Salad Mandarin Oranges Milk

10 Grilled Turkey and Cheese Potato Chippers Carrots your Way! (Cooked or Raw) Pineapple Chunks Milk

Wacky Spaghet
Wednesday Meatballs Peas
Fresh Garden Salad Applesauce with or without Cinnamon Milk

Chicken Nuggets French Fries Mini Trees (Broccoli) Peaches Peaches Milk

11 Walking Taco Thursday! 12 Salsa Dancing Lettuce and Tomato Refried Beans Peas Please
Mandarin Oranges Milk

Mac and Cheese Carrots Your Way! (Cooked and Raw) Mandarin Oranges Milk

25
Cheese Ravioli Green Sticks (Beans) Salad from the Garden Applesauce your way Milk

Build Your Own Sandwich Day! Lettuce Tomato Bn a Bun Baked Beans Carrots and Celery Pears
Milk

Carrots
Chips
Cookie

[^0]5
Cheesy Sticks
Marinara Sauce Carrots Swimming with the Ranch Fruity Mix Milk

12

## PIZZA PIZZA

Mixed Veggies
Fresh Salad
Fruit Surprise Milk

## 19

Creamy Tomato Soup Grilled Cheese Carrots
Fruit Salad Milk

26
PIZZA PIZZA
Green Sticks (Beans)
Fresh Salad
Fruit Surprise Milk


[^0]:    This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

