

- 2024 -

# FEBRUARY

## Sacred Heart School Lunch Menu

Meal prices:  
Paid: \$2.85  
Reduced Free  
Milk \$0.50

Build a delicious lunch:  
Start with 1-2 fruits and/or  
1-2 vegetables  
Include an entrée of meat,  
whole grains,  
and a choice of milk

Your meal must include ½ cup  
vegetable and/or ½ cup of fruit  
and 2 other components

Choice of Milk:  
Fat Free Chocolate  
1% White

Q: What shade of red is your heart?  
A: Beat Red!

### MONDAY

**5** Chamikin Nuggies  
(Chicken Nuggets)  
Dinner Roll  
Mashed Potatoes  
Mixed Veggies  
Peach Peach  
Milk

**12** Burger Sitting on a Bun  
French Fries  
Lettuce Dancing with  
Tomato  
Strawberries or  
Mandarin Oranges  
Milk

**19**  
**NO SCHOOL**  
**Presidents Day!**

**26** MEATBALL MONDAY!  
Meatball Subs  
Corn  
Salad  
Mandarin Oranges  
Milk

### TUESDAY

**6** BBQ Pork Riding a Roll  
Baked Beans  
French Fries  
Pears So Yummy  
Milk

**13** TACO TUESDAY!  
Lettuce and Tomato  
Refried Beans  
Salsa Dance  
Mixed Veggies  
Peaches  
Milk

**20** Chicken Patty  
Sandwich  
French Fries  
Carrots Your Way  
(Cooked or Raw)  
Pineapple  
Milk

**27** Chickey Nuggies (Chicken Nuggets)  
French Fries  
Mini Trees (Broccoli)  
Milk

### WEDNESDAY

**7** Grilled Turkey and  
Cheese  
Potato Crisps  
Carrots Your Way!  
(Cooked or Raw)  
Pineapple  
Milk

**14** Wacky Spaghetti  
Wednesday with  
Meatballs  
Broccoli  
Salad  
Applesauce  
Milk

**21** Fishy Sticks  
Tater Tots  
Fresh Broccoli  
Pears  
Milk

**28** Grilled Ham and  
Cheese  
Tater Tots  
Veggie Tray  
Pineapple  
Milk

### THURSDAY

**1** Chickey Nuggies (Chicken Nuggets)  
French Fries  
Mini Trees (Broccoli)  
Milk

**8** Walking Taco Thursday!  
Salsa Dance  
Lettuce and Tomato  
Refried Beans  
Corn off the Cob  
Mandarin Oranges  
Milk

**15** Homemade Mac and  
Cheese  
Carrots your way  
(cooked or Raw)  
Mandarin Oranges  
Milk

**22** Salad Bar with Ham  
Peaches  
Milk

**29** Hot Dog having a Roll  
Baked Beans  
Carrots and Celery  
Fruit Cocktail  
Milk

### FRIDAY

**2** Cheese sticks  
Marinara Sauce  
Carrots in a Bath of  
Ranch  
Fruit Mix Surprise  
Milk

**9** HOMEMADE PIZZA  
FRIDAY!!  
Mixed Veggies  
Salad from a Garden  
Fruit Mix  
Milk  
**Mason Lunch Pick**

**16** Cream of Tomato Soup  
Grilled Cheese  
Carrots your way!  
(Cooked or Raw)  
Fruit Salad (Yummy  
yummy)  
Milk  
**Julia Lunch Pick**

**23** HOMEMADE PIZZA  
FRIDAY!!  
Green Sticks (beans)  
Salad from a Garden  
Fruit Mix  
Milk