

- 2024 -

FEBRUARY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sacred Heart School

Breakfast menu

Meal prices:
Paid: Free
Reduced Free
Milk \$0.50

Build a better breakfast:
Start with 1-2 fruits
Include 1-2 grains

Your meal must include a fruit and
2 components.

Choice of Milk:
Fat Free Chocolate
1% White

Knock Knock
Who's there?
Luke
Luke who?
Luke who got a Valentine!

5

Cereal with Pop-
tart/Nutri-Grain Bar
Peaches Peaches
Juice
Milk

6

Blueberry Muffin
Applesauce w/wo
Cinnamon
Juice
Milk

7

Pancakes w Sausage
Sticky Syrup
Banana
Juice
Milk

8

Egg and Cheese
Muffin
Mandarin Oranges
Juice
Milk

9

Cereal with Pop-
tart/Nutri-Grain Bar
Peaches Peaches
Juice
Milk

12

Cereal with Pop-
tart/Yogurt
Peaches Peaches
Juice
Milk

13

Cinnamon Roll
Applesauce w/wo
Cinnamon
Juice
Milk

Mason's Breakfast Pick

14

Pancakes w Sausage
Sticky Syrup
Orange Slices
Juice
Milk

15

French Toast Sticks
Sticky Syrup
Peaches Peaches
Juice
Milk

16

Cereal with Pop-tart/
String Cheese
Banana
Juice
Milk

19

NO SCHOOL
Presidents Day!

20

Blueberry Muffin
Applesauce w/wo
Cinnamon
Juice
Milk

21

Pancakes w Sausage
Sticky Syrup
Banana
Juice
Milk

22

Egg and Cheese
Muffin
Mandarin Oranges
Juice
Milk

23

Cereal with Pop-
tart/Nutri-Grain Bar
Peaches Peaches
Juice
Milk

26

Cereal with Pop-
tart/Yogurt
Peaches Peaches
Juice
Milk

27

Cinnamon Roll
Applesauce w/wo
Cinnamon
Juice
Milk

28

Pancakes w Sausage
Sticky Syrup
Orange Slices
Juice
Milk

29

French Toast Sticks
Sticky Syrup
Peaches Peaches
Juice
Milk

1

French Toast Sticks
Sticky Syrup
Peaches Peaches
Juice
Milk
Julia's Breakfast Pick

2

Cereal with Pop-tart/
String Cheese
Banana
Juice
Milk