

# - 2024 - MARCH

## Sacred Heart School Lunch Menu

Meal prices:  
Paid: \$2.85  
Reduced Free  
Milk \$0.50

Build a delicious lunch:  
Start with 1-2 fruits and/or  
1-2 vegetables  
Include an entrée of meat,  
whole grains,  
and a choice of milk

Your meal must include ½ cup  
vegetable and/or ½ cup of fruit  
and 2 other components

Choice of Milk:  
Fat Free Chocolate  
1% White

**Q: What do rabbits say before they  
eat?**

**A: Lettuce pray**

### MONDAY

**4** Grilled Turkey and  
Cheese  
Potato Crips  
Carrots Your Way!  
(Raw or Cooked)  
Pineapple  
Milk

**11** Burger Sitting Pretty  
on a Bun  
French Fries  
Lettuce and Tomato  
Peaches  
Milk

**18** Fish Sticks  
Tater Tots  
Fresh Broccoli  
Pears  
Milk

**25** MEATBALL SUB  
MONDAY!  
Corn  
Salad  
Mandarin Oranges  
Milk

### TUESDAY

**5** Chicken Nuggets  
Dinner Roll  
Mashed Potatoes  
Mixed Veggies  
Peaches  
Milk

**12** Taco Tuesday!!  
Lettuce Dance with  
Tomato  
Black Beans and Rice  
Salsa Dancing  
Corn  
Pears  
Milk

**19** Chicken Patty Riding a  
Bun  
French Fries  
Carrots Your Way  
(Cooked or Raw)  
Pineapple  
Milk

**26** Chamkin Nuggies  
(Chicken Nuggets)  
French Fries  
Mini Trees (Broccoli)  
Peaches  
Milk

### WEDNESDAY

**6** Walking Taco  
Wednesday!  
Salsa Dancing  
Lettuce and Tomato  
Black Beans and Rice  
Corn Off the Cob  
Mandarin Oranges  
Milk

**13** Wacky Spaghetti  
Wednesday with  
Meatballs  
Green Beans  
Salad  
Applesauce  
Milk

**20** Cheese Ravioli  
Green Sticks (Beans)  
Salad from the  
Garden  
Applesauce your way

**27** Hot Dog (Hot Dog Hot  
Diggity Dog) On a Roll  
Baked Beans  
Carrots and Celery  
Pears  
Milk

### THURSDAY

**7** BBQ Pork On a Roll  
Baked Beans  
Frenchy Fries  
Pears  
Milk

**14** Homemade Mac and  
Cheese  
Carrots your Way!  
(Cooked or Raw)  
Mandarin Oranges  
Milk

**21** Salad Bar with Turkey  
Special  
Dinner Roll  
Peaches  
Milk

**28** Cheese Sticks  
Marinara Sauce  
Carrots in a Bath of  
Ranch  
Fruit Mix  
Milk

### FRIDAY

**1** Cheese Sticks  
Marinara Sauce  
Carrots in a Bath of  
Ranch  
Cooked Carrots  
Fruit Mix  
Milk

**8** HOMEAID PIZZA  
FRIDAY!!  
Mixed Veggies  
Salad  
Fruit Mix  
Milk

**15** Tomato Soup  
Grilled Cheese  
Carrots Your Way!  
(Cooked or Raw)  
Fruit Mix  
Milk

**22** HOMEAID PIZZA  
FRIDAY!!  
Mixed Veggies  
Salad  
Fruit Mix  
Milk

**29** No School Easter  
Break