

# -2024- MARCH

## Sacred Heart School Breakfast Menu

Meal prices:  
Paid: Free  
Reduced Free  
Milk \$0.50

Build a better breakfast:  
Start with 1-2 fruits  
Include 1-2 grains

Your meal must include a fruit and  
2 components.

Choice of Milk:  
Fat Free Chocolate  
1% White

**Q:What do you call an egg from outer  
space?**

**A:An egg-tra-terrestrial!**

### MONDAY

4

Cereal w Pop-  
tart/Nutri-Grain bar  
Peaches  
Juice  
Milk

11

Cereal w Pop-  
tart/Yogurt  
Pears  
Juice  
Milk

18

Cereal w Pop-  
tart/Nutri-Grain bar  
Peaches  
Juice  
Milk

25

Cereal w Pop-  
tart/Yogurt  
Pears  
Juice  
Milk

### TUESDAY

5

Blueberry Muffin  
Applesauce Your Way  
Juice  
Milk

12

Cinnamon Roll  
Applesauce Your Way  
Juice  
Milk

19

Blueberry Muffin  
Applesauce Your Way  
Juice  
Milk

26

Cinnamon Roll  
Applesauce Your Way  
Juice  
Milk

### WEDNESDAY

6

Pancakes w Sticky  
Syrup  
Sausage  
Banana  
Juice  
Milk

13

Pancakes w Sticky  
Syrup  
Sausage  
Orange Slices  
Juice  
Milk

20

Pancakes w Sticky  
Syrup  
Sausage  
Orange Slices  
Juice  
Milk

27

Pancakes w Sticky  
Syrup  
Sausage  
Banana  
Juice  
Milk

### THURSDAY

7

Egg and Cheese  
Muffin  
Mandarin Oranges  
Juice  
Milk

14

French Toast Sticks  
Sticky Syrup  
Mandarin Oranges  
Juice  
Milk

21

Egg and Cheese  
Muffin  
Mandarin Oranges  
Juice  
Milk

28

French Toast Sticks  
Sticky Syrup  
Mandarin Oranges  
Juice  
Milk

### FRIDAY

1

Cereal w Pop-tart/  
String Cheese  
Banana  
Juice  
Milk

8

Cereal w Pop-  
tart/Nutri-Grain bar  
Peaches  
Juice  
Milk

15

Cereal w Pop-tart/  
String Cheese  
Banana  
Juice  
Milk

22

Cereal w Pop-  
tart/Nutri-Grain bar  
Peaches  
Juice  
Milk

29

No School Easter  
Break